

# BC health and wellness youth advisory council



## Welcome to the BC Health and Wellness Youth Advisory Council (YAC)!

The BC Health and Wellness YAC is made up of up to 20 youth aged 14–19 from communities across British Columbia. The YAC provides youth perspectives on topics related to health and wellness to inform BC government decisions. The focus for the group includes vaping and tobacco use and related issues that matter to youth.

The YAC is a project of the McCreary Centre Society, a BC-based youth health charity, and the BC Ministries of Health and Education.

### When and where will the YAC meet?

We meet about 10 times per year. The meetings started taking place virtually in Jan 2021 and continue to be mostly virtual. We will meet in person once a year and all travel costs for members will be covered. BC government leaders and other guests might also occasionally join us to share updates and hear feedback from the group.

### How do I join the meetings?

Meetings take place on Zoom and a link will be sent to you by email before each meeting. You will need a computer, tablet or smart phone, and access to the Internet to join the meetings. If you need support to access this, please let us know.

### Compensation and support

This is a paid position. Members of the YAC receive \$17.50 per hour to attend meetings and events. YAC members receive support from McCreary facilitators, including one-to-one check-in's and regular email communication. YAC members also receive any training needed to participate in YAC projects and activities.

### Contact us

Questions? Concerns? Please don't hesitate to contact us!

#### Katie:

Email – [katie@mcs.bc.ca](mailto:katie@mcs.bc.ca) | Phone – 604-291-1996 ext 235

Or call or text 604-356-7875



get involved.  
be heard.  
make a difference.