

# VIOLENCE EXPOSURE:

## THE VICTIMIZATION EXPERIENCES OF MALE, FEMALE, AND NON-BINARY YOUTH IN BC

This poster shares results from the 2018 BC Adolescent Health Survey. The report focuses on violence exposure. To view the full report, visit [mcs.bc.ca/pdf/violence\\_exposure.pdf](https://mcs.bc.ca/pdf/violence_exposure.pdf).

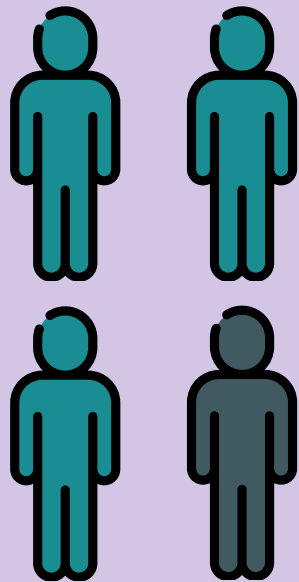
Email [mccreary@mcs.bc.ca](mailto:mccreary@mcs.bc.ca) for more details or to order a hard copy of this poster.



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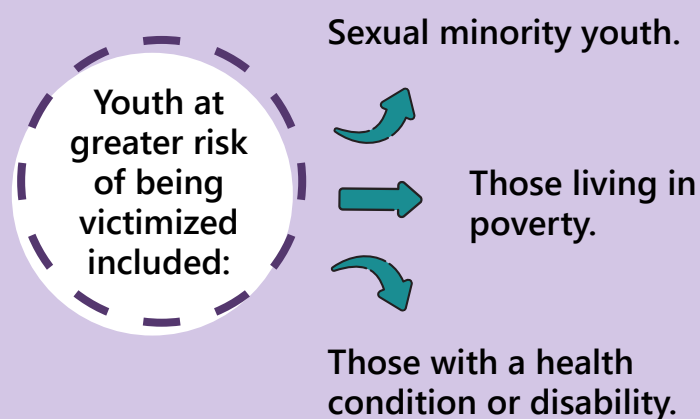
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BC youth had experienced some form of victimization such as abuse, discrimination, or harassment.



## NON-BINARY YOUTH AND FEMALES

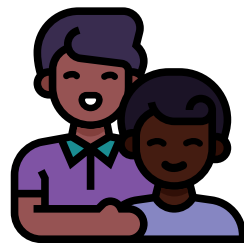
were more likely than males to experience most types of emotional, sexual, and physical violence.



## YOUTH WHO WERE VICTIMIZED REPORTED POORER HEALTH AND WELL-BEING.

This includes increased risk of substance use, poorer mental and sexual health, and challenges at school. For example, compared to their peers who had not been victimized they were less likely to ...

- Rate their mental health as good or excellent if they experienced gender discrimination in the past year.
- Feel good about themselves if they had been severely teased in the past year.



### YOUTH WHO HAD BEEN VICTIMIZED REPORTED BETTER HEALTH AND WELL-BEING WHEN THEY HAD SUPPORTIVE ADULTS IN THEIR LIFE.

For example, when youth who had experienced sexual harassment felt that their teachers cared about them, they were ...

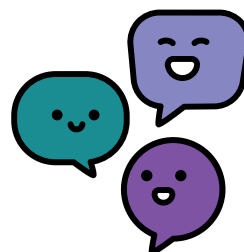
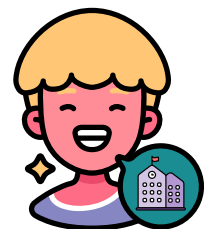
LESS LIKELY TO:

- Miss class in the past month (compared to those who did not feel their teachers cared about them).
- Carry a weapon at school in the past month.



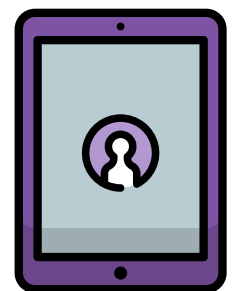
MORE LIKELY TO:

- Feel happy to be at school, feel safe there, and feel like a part of their school.
- Plan to continue their education after high school.



### YOUTH FOUND HAVING SUPPORTIVE FRIENDS OR A SUPPORTIVE ONLINE COMMUNITY HELPFUL.

For example, youth who had been sexually abused who found an online community or support group helpful were less likely to experience extreme despair in the past month or to have attempted suicide in the past year (compared to those who did not have access to helpful online support).



## IF YOU OR SOMEONE YOU KNOW ARE EXPERIENCING VIOLENCE AND NEED HELP



Anyone in immediate danger should call **9-1-1**.

**Kids Help Phone** live chat is available 24 hours a day, 7 days a week at [kidshelpphone.ca](https://kidshelpphone.ca).

**VictimLinkBC** is a toll-free, confidential, multilingual telephone service available 24 hours a day, 7 days a week.

Call 1-800-563-0808 or email [victimlinkbc@bc211.ca](mailto:victimlinkbc@bc211.ca).