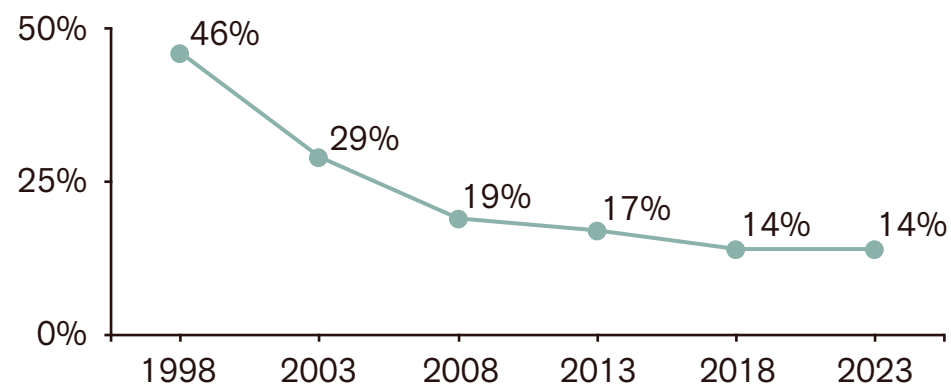


VAPING AND TOBACCO USE IN VANCOUVER COASTAL

This infographic shares BC Adolescent Health Survey results for the Vancouver Coastal Health (VCH) region. To read the provincial report, visit: mcs.bc.ca/pdf/nicotine_use_among_bc_youth.pdf.

In 2023, **24%** of youth in VCH had tried smoking and/or vaping, including **14%** who smoked tobacco and **22%** who vaped.

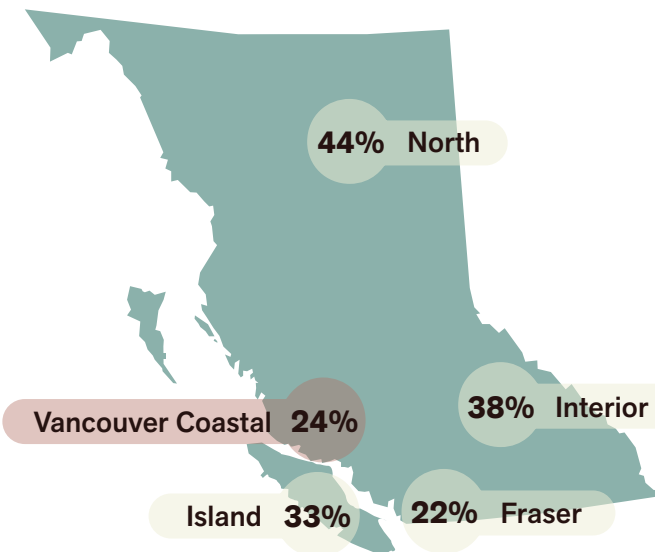
Trend in the percentage of VCH students who had ever smoked tobacco



Note: The difference between 2008 and 2013 was not statistically significant.

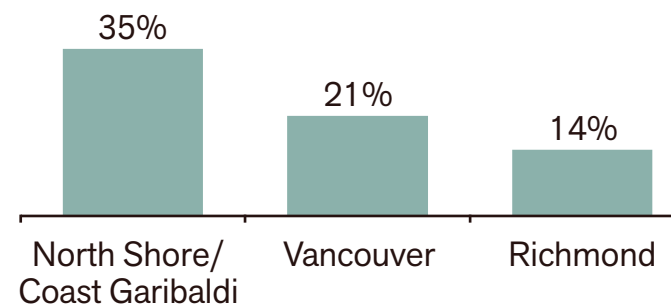
The percentage of VCH youth who smoked and/or vaped was similar to Fraser and lower than in the other BC regions.

Youth who ever smoked and/or vaped



Within VCH, youth in North Shore/Coast Garibaldi were the most likely to have smoked or vaped.

Youth in VCH who had ever smoked and/or vaped

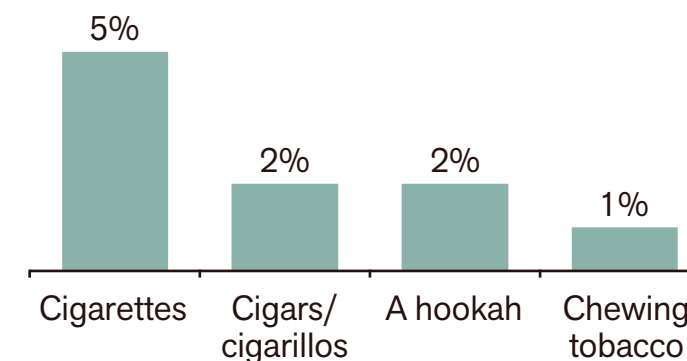


Among VCH youth who had smoked tobacco, **40%** smoked in the past month, including **4%** who smoked daily.

Among VCH youth who had vaped, **56%** vaped in the past month, including **14%** who vaped daily.

In the past month, most VCH youth had **NOT** used cigarettes, cigars/cigarillos, chewing tobacco, or a hookah.

Tobacco products VCH youth used in the past month



8% of youth who vaped in the past month used a product to help them quit in that time, and **9%** of those who smoked in the past month used a product to help them quit (excluding vapes).

Youth across BC were less likely to smoke and vape when they:



Had approachable and helpful adults in their lives



Felt connected to their family



Felt connected to their community



Had access to needed medical services



Felt their caregivers knew what they were doing in their free time



Had positive school experiences and plans for the future



Participated in extracurricular activities that felt meaningful

If you want help to quit smoking/vaping: quitnow.ca

Indigenous youth can also contact Talk Tobacco: 1-833-998-TALK (8255) | talktobacco@cancer.ca

For additional resources: mcs.bc.ca/pdf/nicotine_use_among_bc_youth.pdf



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