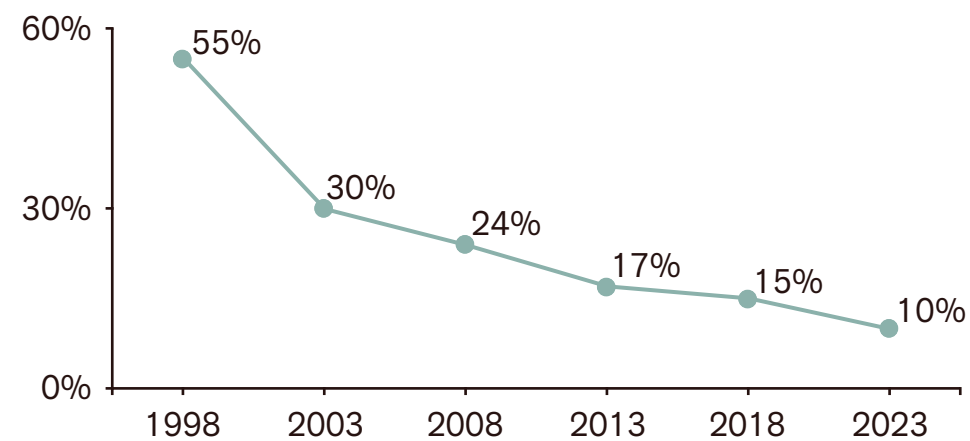


VAPING AND TOBACCO USE IN FRASER

This infographic shares BC Adolescent Health Survey results for the Fraser region. To read the provincial report, visit: mcs.bc.ca/pdf/nicotine_use_among_bc_youth.pdf.

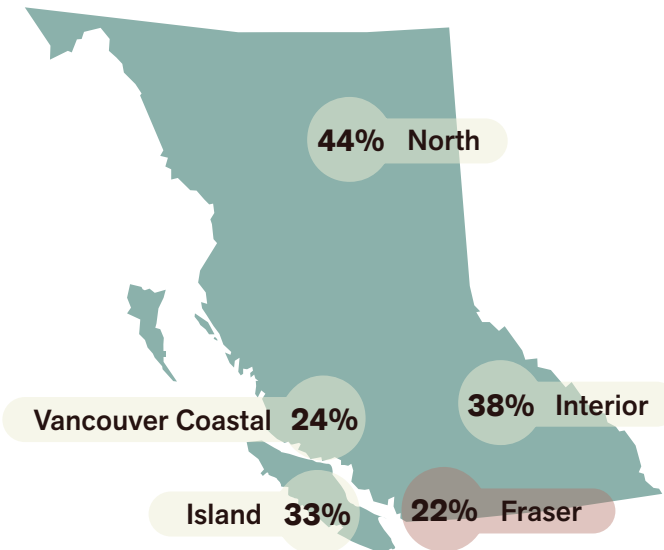
In 2023, **22%** of youth in Fraser had used nicotine (i.e., had vaped or smoked excluding the use of ceremonial tobacco). This included **10%** who smoked tobacco and **21%** who vaped.

Percentage of Fraser students who had ever smoked tobacco decreased



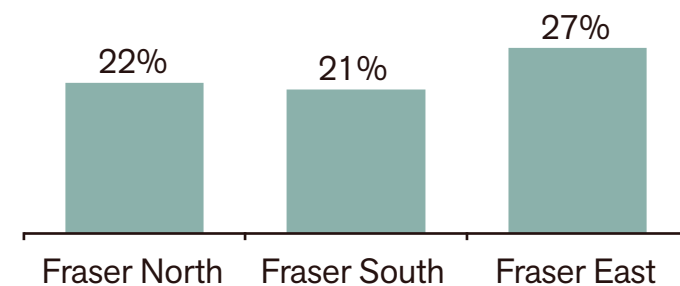
The percentage of Fraser youth who smoked and/or vaped was similar to that in Vancouver Coastal and lower than in the other BC regions.

Youth who ever smoked and/or vaped



Within Fraser, youth in Fraser East were the most likely to have ever smoked and/or vaped.

Youth in Fraser who had ever smoked and/or vaped



Note: The difference between Fraser North and Fraser South was not statistically significant.

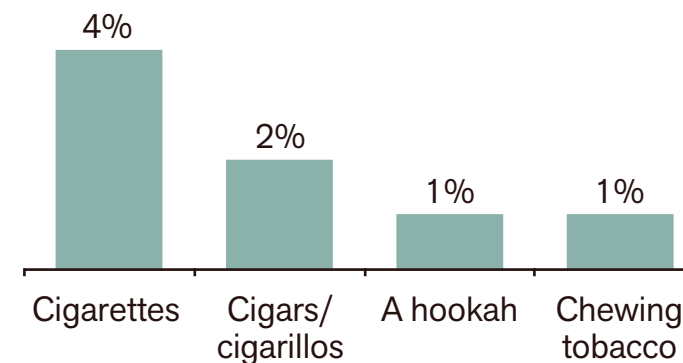


Among Fraser youth who had smoked tobacco, **36%** smoked in the past month, including **3%** who smoked daily.

Among Fraser youth who had vaped, **53%** vaped in the past month, including **13%** who vaped daily.

Overall, most Fraser youth had **NOT** used cigarettes, cigars/cigarillos, chewing tobacco, or a hookah.

Tobacco products Fraser youth used in the past month



6% of youth who vaped in the past month used a product to help them quit in that time, and **10%** of those who smoked in the past month used a product to help them quit (excluding vapes).

Youth across BC were less likely to smoke and vape when they:



Had approachable and helpful adults in their lives



Felt connected to their family



Felt connected to their community



Had access to needed medical services



Felt their caregivers knew what they were doing in their free time



Had positive school experiences and plans for the future



Participated in extracurricular activities that felt meaningful

If you want help to quit smoking/vaping: quitnow.ca

Indigenous youth can also contact Talk Tobacco: 1-833-998-TALK (8255) | talktobacco@cancer.ca

For additional resources: mcs.bc.ca/pdf/nicotine_use_among_bc_youth.pdf



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