

20% of youth had ever had sexual intercourse, which was a decrease from ten years ago (22%).

# Did You Know?

The 2018 BC Adolescent Health Survey, completed by over 38,000 of the province's young people in Grades 7-12 showed that:

Most youth felt they were able to say no if they were asked to engage in a sexual activity they did not want to take part in. Younger youth were more likely than older ones to think they would be able to say no.

Among youth who had ever had sex, the most common age for first doing so was 15 or 16 years old.

1% of youth had been told by a doctor or nurse that they had an STI.

22% of students who ever had sexual intercourse used alcohol or drugs before they had sex the last time.

Among youth who had intercourse, 46% used withdrawal to prevent pregnancy, and 10% used it as their only contraceptive method (an increase from 6% in 2008).

63% of youth who ever had intercourse used a condom or other protection the last time they had sex.

5% of youth with a phone used it on their most recent school day to engage in sexting and 12% used it to watch pornography.

1% of youth had ever been pregnant or got someone pregnant.



poster illustration and design by Alex van der Marel

## Sexual health information and BC-based resources:

[optionsforsexualhealth.org](http://optionsforsexualhealth.org)

[scarleteen.com](http://scarleteen.com)

Inclusive sexuality and relationships information  
for teens and young adults

[smartsexresource.com](http://smartsexresource.com)

Online chat with a nurse

[youthinbc.com](http://youthinbc.com)

Online chat with a crisis responder  
from 12:00pm – 1:00am daily

[ppt.on.ca/education/facts/](http://ppt.on.ca/education/facts/)

Offers factsheets on birth control options, STIs,  
sexual pleasure and related issues.



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